



# Junior Excellence Tennis Program Schedule 2008

Fall Session I

September 2- October 26

(No Classes September 19, October 10)

Fall Session II

October 27 - December 22

(No Classes November 14, 28)

## Junior Elite *(Pro Invite only)*

**Enter sessions at anytime!**

This class is designed for the highest level of junior players at CBRC who are dedicated to improving their tennis. Workouts are designed for the serious tournament player who is ranked in the PNW or is striving to become a ranked player. Class emphasis will be on improving footwork, goal setting, consistency, conditioning, mental toughness, patterns of play, and developing an arsenal of weapons.

Class Days	Class time	Session I	Session II
Monday	3:30-5:00 pm	\$106.75 / \$120.75	\$122 / \$138
Wednesday	3:30-5:00 pm	\$122 / \$138	\$122 / \$138
Friday	3:30-5:00 pm	\$91.50 / \$103.50	\$91.50 / \$103.50

## Tournament Class

These lessons are designed for juniors who are tournament players. Workouts are designed for the player who is striving to move up to the Junior Elite level of the Junior Program. Consistency will be stressed as a way of helping players become more competitive in matches. Major emphasis will be placed on developing court positioning, strategy, and developing a well-rounded game.

Class Days	Class time	Session I	Session II
Monday	3:30-5:00 pm	\$106.75 / \$120.75	\$122 / \$138
Wednesday	3:30-5:00 pm	\$122 / \$138	\$122 / \$138
Friday	3:30-5:00 pm	\$91.50 / \$103.50	\$91.50 / \$103.50

## High School Prep

Players attending this class have interest in playing on their school's Varsity and/or Junior Varsity teams. Class emphasis will be on improving technique and shot production in the areas of net play, overheads, serve and return of serve. Various competitive drills will be centered on singles and doubles strategy, positioning and shot selection.

Class Days	Class time	Session I	Session II
Wednesday	5:00-6:00 pm	\$82 / \$98	\$82 / \$98

- Prices are listed as Member Rate / Non-Member Rate for daily session fee. Member rate is based on Full Club Membership status at CBRC.
- All sessions can be prorated.
- We will not grant refunds or credits for missed classes. Make-ups must occur during the session attending and within a class of equal or lesser ability. We do not guarantee make-ups. No refunds will be granted after first class.
- **For all participants not pre-registered there will be an additional charge of \$2 per hour class.**

### Junior Program Registration Form

Return to Racquet Sports Binder **T-111**

Name: \_\_\_\_\_ Parents: \_\_\_\_\_

Phone #'s:(H) \_\_\_\_\_ (W) \_\_\_\_\_ E-Mail: \_\_\_\_\_

Address: \_\_\_\_\_ Age: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Payment:  Charge  Cash  Check  Coupon Class Attending: \_\_\_\_\_

Account #: \_\_\_\_\_ \* (Check Membership status) Session: \_\_\_\_\_

Total: \_\_\_\_\_ Days/Time Attending: \_\_\_\_\_

F.D. Initials: \_\_\_\_\_

**Payment must accompany registration.**

Please return to the front desk. For more information contact any Tennis Professional at 943-8416.

**Columbia Basin Racquet Club** 1776 Terminal Drive Richland, WA. 99354.