

# Swim



# Sweat



# Swing

Fall Session I

September 7 - October 29

No Classes September 16th, October 21 )

Fall Session II

October 30 - December 21

(No Classes November 23)

**Enter sessions  
at anytime!**

*Columbia Basin Racquet Club presents  
the Swim / Sweat / Swing. This program is developed to introduce children ages 3 and up to the fun sports of swimming and tennis while the parents have the opportunity to work on their own personal physical fitness.*

## Swim

These classes are for beginner level swimmers. This class has been designed to introduce swimmers to the water. Emphasis is on putting the face in the water comfortably as well as learning the front and back floats. Swimmers will also work on the front crawl and elementary backstroke techniques.

## Sweat

Leave your children with the certified professionals and use this time as well for yourself. You can work out and let our staff at CBRC take your children from class to class while they improve their motor learning skills and learning sports they can use for a lifetime.

## Swing

This class will introduce children to the racquet and the game of tennis. Emphasis through drills will be placed on hand-eye coordination, throwing motions, catching games, and teaching basic athletic skills with the simple tennis techniques. Children will be learning in a fun atmosphere.

Days	Tennis Times/ Swim Times	Session I	Session II
Monday	9:30-10:15 am / 10:30-11:00 am	\$80.50 / \$94.50	\$92/ \$108
Thursday	9:30-10:15 am / 10:30-11:00 am	\$92 / \$108	\$69 / \$81

- Prices are listed as Member Rate / Non-Member Rate for daily session fee. Member rate is based on Full Club Membership status at CBRC.
- All sessions can be prorated.
- We will not grant refunds or credits for missed classes. Make-ups must occur during the session attending and within a class of equal or lesser ability. We do not guarantee make-ups. No refunds will be granted after first class.
- **For all participants not pre-registered there will be an additional charge of \$2 per hour class.**

### Swim Sweat Swing Registration Form

Return to Racquet Sport Binder

T-129

Name: \_\_\_\_\_ Parents: \_\_\_\_\_

Phone #'s: (H) \_\_\_\_\_ (W) \_\_\_\_\_ E-Mail: \_\_\_\_\_

Address: \_\_\_\_\_ Age: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Amount Paid: \_\_\_\_\_ Payment:  Charge  Cash Class Attending: \_\_\_\_\_

Total: \_\_\_\_\_  Check  Coupon Session: \_\_\_\_\_

Account#: \_\_\_\_\_ \* (Check Membership status) Days/Time Attending: \_\_\_\_\_

F.D. Initials: \_\_\_\_\_

Please return to the front desk. For more information contact any Tennis Professional at 943-8416.  
**Columbia Basin Racquet Club** 1776 Terminal Drive Richland, WA. 99354.